

**[1] 1. O be joyful in the Lord**

O be joyful in the Lord, all ye lands: serve the Lord with gladness, and come before his presence with a song. Be ye sure that the Lord he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture. O go your way into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and speak good of his Name. For the Lord is gracious, his mercy is everlasting: and his truth endureth from generation to generation. O be joyful in the Lord, all ye lands. Glory be to the Father; glory be to the Son: and to the Holy Ghost; as it was in the beginning, is now, and ever shall be: world without end. Amen. *Psalm 100*

**[2] 2. I will lift up mine eyes**

I will lift up mine eyes unto the hills: from whence cometh my help. My help cometh even from the Lord: who hath made heaven and earth. He will not suffer thy foot to be moved: and he that keepeth thee will not sleep. Behold, he that keepeth Israel: shall neither slumber nor sleep. The Lord himself is thy keeper: the Lord is thy defence upon thy right hand; So that the sun shall not burn thee by day: neither the moon by night. The Lord shall preserve thee from all evil: yea, it is even he that shall keep thy soul. The Lord shall preserve thy going out, and thy coming in: from this time forth for evermore. Amen. *Psalm 121*

**[3] 3. Praise the Lord, O my soul**

Praise the Lord, O my soul; while I live will I praise the Lord: yea, as long as I have any being, I will sing praises unto my God. O put not your trust in princes, nor in any child of man: for there is no help in them. For when the breath of man goeth forth he shall turn again to his earth: and then all his thoughts perish. Blessed is he that hath the God of Jacob for his help: and whose hope is in the Lord his God; Who made heaven and earth, the sea, and all that therein is: who keepeth his promise for ever; Who helpeth them to right that suffer wrong: who feedeth the hungry. The Lord looseth men out of prison: the Lord giveth sight to the blind. The Lord helpeth them that are fallen: the Lord careth for the righteous. The Lord careth for the strangers; he defendeth the fatherless and widow: as for the way of the ungodly, he turneth it upside down. The Lord thy God, O Sion, shall be King for evermore: and throughout all generations. Glory be to the Father, and to the Son, and to the Holy Ghost; As it was in the beginning, is now, and ever shall be: world without end. Amen. *Psalm 146*

**[4] 4. The Lord is my shepherd**

The Lord is my shepherd: therefore can I lack nothing. He shall feed me in a green pasture: and lead me forth beside the waters of comfort. He shall convert my soul: and bring me forth in the paths of righteousness, for his Name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff comfort me. Thou shalt prepare a table for me against them that trouble me: thou hast anointed my head with oil, and my cup shall be full. But thy loving-kindness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever. *Psalm 23*

**[5] 5. Cantate Domino**

*Cantate Domino canticum novum.*

O sing unto the Lord a new song: sing unto the Lord, all the whole earth. Sing unto the Lord, and praise his Name: be telling of his salvation from day to day. Declare his honour unto the heathen: and his wonders unto all people. For the Lord is great, and cannot worthily be praised: he is more to be feared than all gods. As for all the gods of the heathen, they are but idols: but it is the Lord that made the heavens. Glory and worship are before him: power and honour are in his sanctuary. Ascribe unto the Lord the honour due unto his Name: bring presents, and come into his courts. O worship the Lord in the beauty of holiness: let the whole earth stand in awe of him. Let the heavens rejoice, and let the earth be glad: for he cometh to judge the earth. *from Psalm 96*

*Veni Creator Spiritus,  
Mentes tuorum visita:  
Imple superna gratia  
Quae tu creasti pectora.  
(Come, O Creator Spirit, come,  
And make within our hearts thy home;  
To us thy grace celestial give,  
Who of thy breathing move and live.)*

*9th-century hymn*

*Cantate Domino canticum novum.*

**[6] 6. The Lord is my light and my salvation**

The Lord is my light and my salvation; whom then shall I fear: the Lord is the strength of my life; of whom then shall I be afraid? Though an host of men were laid against me, yet shall not my heart be afraid: and though there rose up war against me, yet will I put my trust in him. One thing have I desired of the Lord, which I will require: even that I may dwell in the house of the Lord all the days of my life, to behold the fair beauty of the Lord, and to visit his temple. For in the time of trouble he shall hide me in his tabernacle: yea, in the secret place of his dwelling shall he hide me, and set me up upon a rock of stone. Therefore will I offer in his dwelling an oblation with great gladness: I will sing, and speak praises unto the Lord. Hearken unto my voice, O Lord, when I cry unto thee: have mercy upon me, and hear me. My heart hath talked of thee, Seek ye my face: Thy face, Lord, will I seek. O hide not thou thy face from me: nor cast thy servant away in displeasure. Thou hast been my succour: leave me not, neither forsake me, O God of my salvation. When my father and my mother forsake me: the Lord taketh me up. Be strong, and he shall comfort thine heart; and put thou thy trust in the Lord. *from Psalm 27*

**[7] 7. O clap your hands**

O clap your hands together, all ye people: O sing unto God with the voice of melody. For the Lord is high, and to be feared: he is the great King upon all the earth. He shall subdue the people under us: and the nations under our feet. He shall choose out an heritage for us: even the worship of Jacob, whom he loved. God is gone up with a merry noise: and the Lord with the sound of the trump. O sing praises, sing praises unto our God: O sing praises, sing praises unto our King. For God is the King of all the earth: sing ye praises with understanding. O clap your hands together, all ye people. *from Psalm 47*

**[8] 8. O how amiable are thy dwellings**

O how amiable are thy dwellings: thou Lord of hosts! My soul hath a desire and longing to enter into the courts of the Lord: my heart and my flesh rejoice in the living God. Yea, the sparrow hath found her an house, and the swallow a nest where she may lay her young: even thy altars, O Lord of hosts, my King and my God. Blessed are they that dwell in thy house: they will be always praising thee. Blessed is the man whose strength is in thee: in whose heart are thy ways. O Lord God of hosts, hear my prayer: hearken, O God of Jacob. Behold, O God our defender: and look upon the face of thine Anointed. For one day in thy courts: is better than a thousand. I had rather be a door-keeper in the house of my God: than to dwell in the tents of ungodliness. For the Lord God is a light and defence: the Lord will give grace and worship, and no good thing shall he withhold from them that live a godly life. O Lord God of hosts: blessed is the man that putteth his trust in thee. *from Psalm 84*

**[9] 9. O praise the Lord of heaven**

O praise the Lord of heaven: praise him in the height. Praise him, all ye angels of his: praise him, all his host. Praise him, sun and moon: praise him, all ye stars and light. Praise him, all ye heavens: and ye waters that are above the heavens. Let them praise the Name of the Lord: for he spake the word, and they were made; he commanded, and they were created. He hath made them fast for ever and ever: he hath given them a law which shall not be broken. Praise the Lord upon earth: ye dragons, and all deeps; Fire and hail, snow and vapours:

wind and storm, fulfilling his word; Mountains and all hills: fruitful trees and all cedars: Beasts, and all cattle: worms, and feathered fowls; Kings of the earth and all people: princes and all judges of the world; Young men and maidens, old men and children, praise the Name of the Lord: for his Name only is excellent, and his praise above heaven and earth. He shall exalt the horn of his people; all his saints shall praise him. O praise the Lord of heaven: praise him in the height. Praise him, all ye angels of his: praise him, all his host. Praise him, sun and moon: praise him, all ye heavens, praise him, praise the Lord of heaven. Amen. *Psalm 148*

**[10] This is the day**

This is the day which the Lord hath made:  
we will rejoice and be glad in it.  
O praise the Lord of heaven: praise him in the height.  
Praise him, all ye angels of his: praise him, all his host.  
Praise him, sun and moon: praise him, all ye stars and light,  
let them praise the Name of the Lord;  
For he shall give his angels charge over thee:  
to keep thee in all thy ways.  
The Lord himself is thy keeper:  
the Lord is thy defence upon thy right hand;  
So that the sun shall not burn thee by day:  
neither the moon by night.  
The Lord shall preserve thee from all evil:  
yea, it is even thee that shall keep thy soul.  
The Lord shall preserve thy going out and thy coming in:  
from this time forth for evermore.  
He shall defend thee under his wings.  
Be strong, and he shall comfort thine heart;  
and put thou thy trust in the Lord.

*Psalm 118 (line 1), 148 (lines 2-4), 91 (lines 5 and 10), 121 (lines 6-9), and 27 (line 11).*

**[11] Lord, Thou hast been our refuge**

Lord, thou hast been our refuge: from one generation to another. Before the mountains were brought forth, or ever the earth and the world were made: thou art God from everlasting, and world without end. For a thousand years in thy sight are but as yesterday: seeing that is past as a watch in the night. As soon as thou scatterest them they are even as a sleep: and fade away suddenly like the grass. In the morning it is green, and groweth up: but in the evening it is cut down, dried up, and withered. The days of our age are threescore years and ten; and though men be so strong that they come to fourscore years: yet is their strength then but labour and sorrow; so soon passeth it away, and we are gone. So teach us to number our days: that we may apply ourselves unto wisdom. Turn thee again, O Lord at the last: and be gracious unto thy servants. O satisfy us with thy mercy, and that soon: so shall we rejoice and be glad all the days of our life. Comfort us again now after the time that thou hast plagued us: and for the years wherein we have suffered adversity. Shew thy servants thy work: and their children thy glory. And the glorious Majesty of the Lord our God be upon us: prosper thou the work of our hands upon us, O prosper thou our handywork. Lord, thou hast been our refuge. Amen. *from Psalm 90*

**[12] Psalm 150**

O praise God in his holiness:  
praise him in the firmament of his power.  
Praise him in his noble acts:  
praise him according to his excellent greatness.  
*Laudate Dominum in sanctis eius:*  
*laudate eum in firmamento virtutis eius.*  
Praise him in the sound of the trumpet:  
praise him upon the lute and harp.  
*Laudate Dominum, laudate, laudate.*  
Praise him in the cymbals and dances:  
praise him upon the strings and pipe.  
Praise him upon the well-tuned cymbals:  
praise him upon the loud cymbals.  
Let every thing that hath breath: praise the Lord.  
*Alleluia, amen.*

*Psalm 150, Latin verses from the Vulgate*

Psalm translations from the Book of Common Prayer (1662)