

NORWAY • FINLAND

The Places

Scenes of Finland and its capital Helsinki, the interlinked islands of Suomenlinna, site of an ancient castle and fortifications, and the hills, valleys and fjords of Norway follow a journey through varied Nordic landscapes.

- NORWAY 1. Fjord
- FINLAND 2. Savonlinna
- 3. Suomenlinna • Helsinki
- NORWAY 4. Landscape
- 5. Oslo
- 6. Lake Mjøsa
- 7. Røisheim

The Music

Finland found its musical identity largely through the work of Jean Sibelius, whose *Violin Concerto* is the principal work included here.

Other works are by the Norwegian composers Johan Svendsen, Johan Halvorsen and Christian Sinding.