

Naxos
World

1. Mahamudra Lineage Prayer & Meditation
- 2&3. Mahakala Puja (Yeshe Gonpo)
 - a. Invocation and offering to Mahakala.
 - b. Receiving blessings and dedicating the merit to world peace and harmony.

Total Time: 64:58

Sherab Ling Monastery nestles in the gentle pine-forested foothills of northern India's Kangra Valley, the seat of its founder His Eminence Tai Situpa XII, a leading Tibetan Buddhist teacher and peace campaigner. Here the monks perform as part of their daily lives prayer ceremonies originating many centuries ago in the great Buddhist monasteries of Tibet. This CD presents the Lineage Prayer with which the monks begin their day, offering respect to a line of great meditation practitioners going back as far as the 7th century, and the Mahakala Ceremony, part of each day's closing ritual in which the monks ask for purification and dedicate their blessings to all sentient creatures.



Sacred Tibetan Chant: The Monks of Sherab Ling Monastery

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