

Early Music for Meditation

- 1 Mevlana
- 2 Anon: Nevestinko oro
- 3 Anon: Lamento di Tristano: La Rotta
- 4 Anon: Guardame les vacas
- 5 Byrd: Pavan
- 6 Canova da Milano: Ricercar
- 7 Carmina Burana: Axe Phebus aureo
- 8 Carmina Burana: Katerine collaudemus
- 9 Arcadelt: La pastorella mia
- 10 Anon: Perla mya cara
- 11 Dall'aquila: La traditora
- 12 Buxtehude: Nun komm der Heiden Heiland
- 13 Sephardic Songs: A la nana
- 14 Francesco da Milano: Fantasia sexta
- 15 Monteverdi: Possente spirito (excerpt)
- 16 Monteverdi: Arianna - Lament (excerpt)
- 17 Josquin Desprez: Mille regretz
- 18 Tabourot: Belle qui tiens ma vie

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