

# Classical Meditation

## CD1

### Pools of Sacred Calm

- 1 **Pärt:** De Profundis 5:56
- 2 **Taverner:** The Lamb 3:47
- 3 **Barber:** Four Songs, Op. 13  
– No. 1 Heaven-haven 1:43
- 4 **Taverner:** The Lord's Prayer 3:30
- 5 **Barber:** Agnus Dei, Op. 11  
(vocal arr. of Adagio for Strings, Op. 11) 5:55
- 6 **Taverner:** Song for Athene 5:43
- 7 **Pärt:** Berliner Messe – Veni Sancte Spiritus 5:06

### Pure Stillness

- 8 **Tallis:** Missa Salve intemerata – Agnus Dei 5:25
- 9 **Tallis:** Missa Salve intemerata – Sanctus 7:47
- 10 **Tallis:** Salve intemerata 23:14

CD1 playing time 68 minutes

## CD2

### Soaring Spirit

- 1 **Delius:** Two Pieces for Small Orchestra  
– I. On Hearing the First Cuckoo in Spring 5:53
- 2 **Vaughan Williams:** The Lark Ascending 15:03

### On the Wing

- 3 **Bliss:** Conversations for Flute, Oboe, Violin, Viola and Cello  
– No. 2 In the Wood: Adagio 3:24
- Rautavaara:** Cantus Arcticus, Op. 61  
(Concerto for Birds and Orchestra)
- 4 I. Suo (The Marsh) 7:05
- 5 II. Melankolia (Melancholy) 4:19
- 6 III. Joutsenet muuttavat (Swans Migrating) 7:31

### Soulsapes

- 7 **Sculthorpe:** Earth Cry 13:55
- 8 **Pavlova:** Symphony No. 2, 'For the New Millennium'  
– Third Movement 8:13
- 9 **Elgar:** Sospiri, Op. 70 4:28

CD2 playing time 70 minutes



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Total playing time 2 hours and 18 minutes

Please see booklet for performer details



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