

Recorded at RNIB Talking Book Studios, London
and at Motivation Sound Studios, London
Produced by Nicolas Soames
Edited by Dan King and Sarah Butcher

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CD 1: 77:34; CD 2: 75:52; CD 3: 67:06 Total 3:40:32

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The Voice of the Buddha

The Dhammapada and other key Buddhist teachings

Read by **Kulananda • Anton Lesser • Sean Barrett**

Compiled by **Manjusura**

The *Dhammapada* is the most important extant Buddhist text. It is unquestionably 'the voice of the Buddha,' presenting many of his key ideas in a cogent verse form. The text begins:

All that we are is the result of what we have thought

and the following 26 sections give clear guidance on how to change our thought, and 'all that we are.' In this recording, each section of the *Dhammapada* is introduced in simple, accessible language, and the main text is accompanied by recordings of several other key scriptures, bringing to life the central values and practices of the Buddhist tradition.

ISBN 9-62634-307-9



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