

# morning meditation

Darbhangā Dhrupad Tradition

**Sumeet Anand Pandey**

*Morning Meditation* focuses on Dhrupad, the oldest genre of Hindustānī classical music from the 15<sup>th</sup> century that is still in practise today. Sumeet is a promising name in the nearly 300-year-old *Darbhangā Dhrupad* tradition. The purity in rendition of *alāp* and composition highlight his authentic training in the *Guru-Shishya* tradition.

**Rāga Ahir Bhairav** (46:24 min.)

1. **Alāp** - 33:10
2. **“Shyām Sundar ko Prātaḥ Samay”** in Choutāl (12-beats) - 13:14

**Rāga Bhairav** (18:34 min.)

3. **Alāp** - 11:06
4. **“Sargam ki Bandish”** in Sooltāl (10-beats) - 7:28

Total playing time: 65:05 min.

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