

Morning Meditation

Darbhanga Dhrupad Tradition

Sumeet Anand Pandey

Morning Meditation focuses on Dhrupad, the oldest genre of Hindustāni classical music from the 15th century that is still in practise today. Sumeet is a promising name in the nearly 300-year-old *Darbhanga Dhrupad* tradition. The purity in rendition of *alāp* and composition highlight his authentic training in the *Guru-Shishya* tradition.

Rāga Ahir Bhairav (46:24 min.)

1. **Alāp** - 33:10
2. **“Shyām Sundar ko Prātah Samay”** in Choutāl (12-beats) - 13:14

Rāga Bhairav (18:34 min.)

3. **Alāp** - 11:06
4. **“Sargam ki Bandish”** in Sooltāl (10-beats) - 7:28

Total playing time: 65:05 min.

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