

The Nordan Suite

Suite for Orchestra and Folkmusic soloists based on old Scandinavian myths,
as preserved in three medieval ballads

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| 1. | Introduction | 1:58 |
| 2. | Flyg över land och sjö (<i>Fly over Land and Sea</i>) | 3:21 |
| 3. | Intermezzo 1: Svaneflykt (<i>The Flight of the Swans</i>) | 4:22 |
| 4. | Vita Orm (<i>The White Snake</i>) | 3:14 |
| 5. | Jungfrun och Lindormen (<i>The Maiden and the Magic Snake</i>) | 5:10 |
| 6. | Intermezzo 2: Jakten (<i>The Chase</i>) | 2:28 |
| 7. | Uppvaknandet (<i>The Awakening</i>) | 2:57 |
| 8. | Aglaria | 2:01 |
| 9. | Vallåtar (<i>Herding Calls</i>) | 2:53 |
| 10. | Välgångsönskan: (<i>The Blessing</i>) | 1:52 |
| 11. | Intermezzo 3: Ormdans (<i>The Dance of the Snakes</i>) | 2:56 |
| 12. | Gullharpan (<i>The Golden Harp</i>) | 7:07 |
| 13. | Epilogue | 2:31 |
| 14. | Rosor och Salvier (<i>Roses and Sage</i>) | 5:11 |

Total time: 48:12

Music composed by Ale Möller, Hans Ek

Orchestra conducted by **Hans Ek**

Lena Willemark: vocals, fiddle, wooden whistle (*on #2*)

Ale Möller: flutes, mandola, cows horn, shawm ("*skalmeja*"), accordion,
wooden trumpet, hammered dulcimer, harmonica, kantele

Rafael Sida Huizar: percussion

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